

Athletics Trust Scotland Proms 3K

7th April 2022
Race Number 1

Posn	No	Forname	Surname	Club	Cat	Time
1	34	Matthew	Hodkinson	Metro Aberdeen RC	M	10:20
2	10	Kevin	Morice	Moray RR	M45	11:04
3	15	Mike	Winn	Unattached	M45	11:14
4	21	Martin	Shaw	Unattached	M50	11:16
5	9	Quintin	Chalmers	Metro Aberdeen RC	M45	11:20
6	4	Elaine	Wilson	Unattached	F	11:26
7	25	Malcolm	Finlayson	Metro Aberdeen RC	M55	11:28
8	22	Alex	Shaw	Dundee University AC	F	12:02
9	26	David	Christie	Unattached	M	12:03
10	7	Sam	Brooks	AAAC	MJ	12:06
11	1	Keith	Dunnett	Metro Aberdeen RC	M50	12:10
12	14	Jamie	Walker	JSK RC	M45	12:17
13	18	Alan	Smith	Metro Aberdeen RC	M50	12:21
14	31	Ian	Thom	Metro Aberdeen RC	M65	12:32
15	11	Billy	Brooks	Unattached	M40	12:53
16	20	Louisa	Lawrie	Unattached	F	13:10
17	32	Morag	Thompson	Fraserburgh RC	F45	13:11
18	12	William	Skinner	AAAC	M60	13:15
19	27	Isabel	McDonald	Metro Aberdeen RC	F60	14:03
20	24	Laura	McPherson	Unattached	F40	14:09
21	16	Richard	Arnold	Unattached	M50	14:35
22	29	Steven	Chalmers	Unattached	M55	14:55
23	6	Frank	Campbell	Metro Aberdeen RC	M40	15:24
24	33	David	Abernethy	Fraserburgh RC	M50	16:14
25	17	Douglas	Garrick	Unattached	M60	16:18
26	28	Lana	Hadden	Metro Aberdeen RC	F65	17:37
27	23	John	Elrick	JSK RC	M65	17:37
28	8	James	Wright	Hunters Bog Trotters	M65	19:37